



Aimee M
Fitness model





Our Aimee has a passion for fitness and training – does it show? YES! Aimee is a massive fan of mixing it up though, alternating between bodybuilding, running and circuit style training too. She can also be found on the competition circuit too which pushes her even harder. Aimee is also proud to be a fitness role model to her number one fan – her daughter. With a teacher as good as this, we expect to see her daughter as a Ripped Model one day too!





Height: 5ft 3"

Dress Size: 6-8

Eyes: Blue

Location: London



For more information, contact james@rippedmodels.co.uk

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