

Kiernan AWrestler and fitness model





Kiernan has been into fitness, the gym and sport pretty much his entire life. In addition to the gym, Kiernan is a wrestler and has been wrestling for over eight years. Interestingly, he likes DC and Marvel Universe, which has provided inspiration for his physique – his favourite characters are Nightwing and Spider-Man. These two physiques are lean and fit – but not too big, and we think he does these two examples complete justice. Kiernan is a qualified personal trainer and has been growing his hair now for 11 years.



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Height: 6ft' 3"

Waist: 32"

Chest: 42"

Eye Colour: Blue/Grey

Shoe Size: 13



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