



Denis A
Muscle & fitness model





Our Denis never stops. When he's not in the gym, he is on the road cycling, sometimes clocking up 200 miles each weekend. No wonder Denis thinks his quads are one of his best features! He also trains with kettlebells and is a huge advocate of healthy living, mainly following a plant-based diet, although he allows himself some seafood and fish occasionally. We think Denis is perfect as an overall muscle and fitness model and will showcase your brand to perfection.





Height: 6 ft

Waist: 32"

Chest: 42"

Eye Colour: Hazel

Shoe Size: 10



For more information, contact james@rippedmodels.co.uk